

Clinical Knowledge Online

A Tool for Point-of-care and Medical Education

SKOLARMD
PART OF WOLTERS KLUWER HEALTH

ユサコ株式会社
商品セールスグループ
平野 覚
marketing@usaco.co.jp



Seminar Program

■ SKOLAR MD

– イン트로ダクション

どんなサービス？

– コンテンツ

何がわかるの？

EBM情報 / 医薬品情報 / Ovid MEDLINE /
Text Book / 患者向け情報

– インターフェイス

どうやって使うの？

- 基本機能と特徴

■ Demonstration (検索例)



Introduction

SKOLAR MD

1. 臨床現場で医師をサポートする knowledge system

診療指針の決定に確証を与えるEBM情報を提供
複数の情報源を同時に検索
短時間で目的の情報にアクセス

医師の時間が少ない

治療の長期化

医療の質とコスト

2. 臨床研修医のための学習ツール

電子ブック

Ovid MEDLINE

医療情報の変化・更新が早い

現場での継続学習の負担



History

- Stanford大学 医学図書館で開発
- WolterKluwer Healthがインターフェイスを
購入 (March 28, 2003)
- 2004年10月 ~ ユサコ株式会社が日本で
発売を開始



Contents

- **電子ブック:**
- **薬事情報:**
- **EBM / ガイドライン :**
- **Medline:**
- **患者教育:**



Contents: 電子ブック

- ワシントンマニュアル
- ハリソン内科医学書
- オックスフォード医学テキスト
- ……

医学界でバイブルとされているような
テキストブック並びにハンドブックから、
各部位の医学書や各病気の医学書まで…



Contents : 医薬品情報

- A to Z Drug facts
- Drug facts and Comparisons
- FDA MedWatch
- Review of Natural Products
-



Contents : EBMガイドライン

- Clin-eguide (診療指針決定のサポートツール)
- GAC Recommended Guidelines (Ontario)
- National Guideline Clearinghouse
- Australian and New Zealand Guidelines



Contents : MEDLINE

- Ovid Medline

絞込検索：出版年・著者名・ジャーナル名等

Ovid Medlineからフルテキストへリンク



Contents : 患者教育

- American Academy of Family Physicians
- Australian and New Zealand Patient Education
- Patient Handouts (CDC, FDA, NIH, NWHIC)
- PDQ® Cancer Information Summaries: Treatment (Patients)

Interface 特徴

■ 基本機能と特徴

- 少ない手順で必要な情報にアクセス可能！

キーワード検索

Quick Hits

クリックで情報源を移動

検索後、“QUICK HITS RESULTS”というページが表示され、医師から患者への提言に必要な、重要なエビデンスを有する情報に簡単にアクセスできます。

治療方針・疾病概要・オプション・投薬条件・危険因子・治療コスト

Interface 特徴

■ 基本機能と特徴

– より詳しい調査は後から実行！

1. NOTEBOOKに保存

2. 診察・治療を継続

3. NOTEBOOKから呼び出す

4. テキスト / Medlineで調査

■ 保存した検索の結果をE-mailで送信することも可能！

Interface 特徴

■ 基本機能と特徴

– 医療情報ポータルとして活用！

■ さまざまな最新情報にアクセス

New York Times からのHealth関連ニュース

FDA Alert

オンラインジャーナルのウェブサイト

American Family Physician

British Medical Journal

JAMA

Lancet

etc...

Primary Care Medicine からの最新情報

Skolar MD Demonstration

基本検索画面

SKOLAR - Microsoft Internet Explorer

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 [MEDLINE](#)
 [Patient Education](#)

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テキスト

Tools:

- [ICD9-CM Code Lookup](#)
- [Clin-evide Performance Improvement Guidelines](#)
- [Public Health / Preventive Medicine](#)
- [ClinicalTrials.gov](#)
- [FDA MedWatch Voluntary Reporting](#)
- [Vaccine Adverse Event Reporting](#)
- [Ten Year Cardiovascular Risk Calculator](#)
- [Minds: Medical Information Network Distribution Service](#)
- [UMIN: University hospital Medical Information Network](#)
- [PDQ Physician Data Query Japanese Edition](#)

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[More...](#)

[Latest from Primary Care Medicine](#)
10-26-2004 [CAN A PROGRAM OF WALKING REDUCE THE RISK OF DEMENTIA?](#)

ジャーナル / ニュース

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Textbooks and Handbooks **テキスト**

- [Arthritis and Allied Conditions \(Koopman\)](#)
- [Cancer: Principles and Practice of Oncology \(DeVita\)](#)
- [Clinical Practice of Emergency Medicine \(Harwood-Nuss\)](#)
- [Diseases of the Kidney and Urinary Tract \(Schrier\)](#)
- [Harrison's Principles of Internal Medicine \(Braunwald\)](#)
- [Irwin & Rippe's Intensive Care Medicine \(Irwin and Rippe\)](#)
- [Oxford Textbook of Medicine \(Warrell\)](#)
- [Principles and Practice of Endocrinology and Metabolism \(Becker\)](#)
- [Rockwood and Green's Fractures in Adults \(Bucholz\)](#)
- [Textbook of Gastroenterology \(Yamada\)](#)
- [Wintrobe's Clinical Hematology \(Greer\)](#)
- [Baum's Textbook of Pulmonary Diseases \(Crapo\)](#)
- [Clinical Imaging: An Atlas of Differential Diagnosis \(Eisenberg\)](#)
- [Current Medical Diagnosis & Treatment \(Tierney\)](#)
- [Fitzpatrick's Dermatology In General Medicine \(Freedberg\)](#)
- [Hospital Medicine \(Wachter\)](#)
- [Kaplan & Sadock's Comprehensive Textbook of Psychiatry \(Sadock\)](#)
- [Patterson's Allergic Diseases \(Grammer\)](#)
- [Principles of Surgery \(Schwartz\)](#)
- [Rudolph's Pediatrics \(Rudolph\)](#)
- [Washington Manual of Therapeutics](#)
- [Bonica's Manag](#)
- [Clinical Infectio](#)
- [Danforth's Obs](#)
- [Griffith's 5 Minu](#)
- [Interpretation o](#)
- [Merritt's Neurol](#)
- [Primary Care M](#)
- [Reichel's Care](#)
- [Textbook of Ca](#)
- [Wills Eye Manu](#)

Drug Information **医薬品情報**

- [A to Z Drug Facts](#)
- [Review of Natural Products](#)
- [Drug Facts and Comparisons®](#)
- [FDA MedWatch](#)

Evidence-Based Medicine / Guidelines **EBMガイドライン**

- [Australian and New Zealand Guidelines](#)
- [Cochrane: D.A.R.E.](#)
- [National Guideline Clearinghouse](#)
- [Cochrane Data](#)
- [GAC Recomme](#)
- [Cochrane: Controlled Trials Register \(C.C.T.R.\)](#)
- [PDQ® Cancer Information Summaries \(Professionals\)](#)

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Journals, News and FDA Alerts

Monday, November 15, 2004

各ジャーナルの最新号にリンク

Latest Journals

Items here offer access to abstracts of articles. In some cases, the full text may be available to non-subscribers (e.g. BMJ and MMWR).

- [American Family Physician](#)
- [British Medical Journal](#)
- [JAMA](#)
- [Lancet](#)
- [NEJM](#)
- [Morbidity & Mortality Weekly Report](#)
- [Specialty Journals](#)

Health News from The New York Times

New York Timesからの Health News

[Race-Based Medicine Continued...](#)
[The New York Times](#) Sun Nov 14 10:33:00 UTC+0900 2004


[W.H.O. Panel Backs Gene Manipulation in Smallpox Virus...](#)
[The New York Times](#) Fri Nov 12 07:46:00 UTC+0900 2004

[Large Doses of Vitamin E May Be Harmful...](#)
[The New York Times](#) Thu Nov 11 16:58:00 UTC+0900 2004

[Promise Seen in Drug for Heart Failure...](#)
[The New York Times](#) Tue Nov 9 15:01:00 UTC+0900 2004

[Pain as a Constant, Invisible Companion...](#)
[The New York Times](#) Sun Nov 7 09:45:00 UTC+0900 2004

[John LaMontagne, 61, Expert on Development of Vaccines,](#)



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ノートブックの参照
Open Notebook

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検索履歴
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ユーザ登録画面





SkolarMD 検索シナリオ 1

Dyspepsia (消化不良)

シナリオ

患者情報:

40歳

男性

約2週間消化不良と下記の症状

症状:

膨脹 (Bloating)

嚥下困難 (dysphasia)

早い満腹感 (early satiety)

吐き気 (nausea)

痛みはないが、嫌な感じ

腹部上部の充満 (Upper abdominal fullness)

臨床医はどうすべきか？

Q1 胃カメラ等で診断すべきか？

Q2 すぐに治療を始めるべきか？

Q1.胃カメラ等で診断するべきか？

0. Skolar MDへのログイン

1. Dyspepsiaを入力し、Searchをクリックする。

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Q1.胃カメラ等で診断するべきか？

2.結果のClin-eguideから、Overview(概略)を選択する。

Clin-eguide: 2 of 2 index hits displayed.

- **Conditions**
 - dyspepsia, approach [[Overview](#), [Diagnosis](#), [Treatment](#)]
- **Condition Related Notes**
 - [functional dyspepsia \(in dyspepsia, approach\)](#)

3.Overviewの表示と病状の確認。

Alarm symptoms and signsの確認
(次ページ赤丸)

CLICK HITS	TEXTBOOKS	DRUG INFO	EBM / GUIDELINES	MEDLINE	PATIENTS
8	295	550	1389	6687	17

- Management overview
- Disease characteristics
- Definitions
- Epidemiology
- Diagnosis
- Diagnostic guidelines
- Differential diagnosis
- Diagnostic tests
- Prognosis
- Treatment guidelines
- References

Management overview

1. Dyspepsia is defined by the most widely accepted international consensus, the 1999 Rome II criteria, as pain or discomfort centered on the middle part of the upper abdomen (see [definition](#)).??
 - Dyspepsia does not include symptoms of reflux (heartburn) or irritable bowel disease (stool symptoms).
 - Discomfort can refer to a number of subjective sensations in addition to pain (eg, nausea, bloating).??
2. Dyspepsia is poorly correlated with any specific diagnosis.??
 - 40-60% of patients have no abnormalities of any kind on endoscopy (see [functional dyspepsia](#)).
 - 8% have a
 - 5-15% have
 - A minority
3. Prevalence varies considerably, but in western countries dyspepsia appears to affect 15-25% of the adult population.
4. **Alarm symptoms and signs** may indicate complicated ulceration or malignancy.
5. Perform targeted investigations, as clinical features are unreliable (see [diagnostic guidelines](#)).??
 - Perform endoscopy on patients of any age with 'alarm' symptoms and signs.
 - Evidence to support the mandatory use of early upper GI endoscopy to investigate patients >55 years old who present with new onset uncomplicated dyspepsia, is lacking??
6. Consider testing for *H. pylori*, and giving eradication therapy to those with positive tests (the 'test-and-treat' approach).
 - Explain that test-and-treat may not relieve symptoms, and many patients require endoscopy eventually.
 - Arrange endoscopy for treatment failures and those with persistent symptoms.
 - Do not undertake a therapeutic trial without *H. pylori* testing and adequate follow up.
7. Uncomplicated symptoms of brief duration (<4 weeks) may be observed without investigation.
 - Provide symptomatic treatment and investigate if symptoms continue.
 - Drug and lifestyle factors (eg, smoking, NSAIDs, caffeine) may be relevant to some individuals (see [treatment guidelines](#)).
8. Where endoscopy is negative manage as [functional dyspepsia](#).??
 - Keep patients with persistent symptoms under review, particularly the elderly.
 - Further testing (eg, imaging) is usually unhelpful and should not be undertaken routinely (see [diagnostic guidelines](#)).



Q1.胃カメラ等で診断するべきか？

'Alarm' symptoms and signs

- 'Alarm' symptoms and signs are based on expert opinion rather than published evidence, and include:
 - dysphagia??
 - recurrent vomiting
 - significant unintentional weight loss
 - anemia from GI hemorrhage or upper abdominal mass.
- Patients of any age with these features should undergo early investigation.

4.患者の症状との比較

5.診断のガイドラインの調査(次ページ黒丸)

CLICK HITS	TEXTBOOKS	DRUG INFO	EBM / GUIDELINES	MEDLINE	PATIENTS
8	295	550	1389	6687	17

- Management overview
- Disease characteristics
- Definitions
- Epidemiology
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 - Dyspepsia does not include symptoms of reflux (heartburn) or irritable bowel disease (stool symptoms).
 - Discomfort can refer to a number of subjective sensations in addition to pain (eg, nausea, bloating).??
2. Dyspepsia is poorly correlated with any specific diagnosis.??
 - 40-60% of patients have no abnormalities of any kind on endoscopy (see [functional dyspepsia](#)).
 - 8% have a peptic ulcer.
 - 5-15% have GERD.
 - A minority have various pathologies in the stomach and other viscera, including malignancy (see [differential diagnosis](#)).
3. Prevalence varies considerably, but in Western countries dyspepsia appears to affect 15-25% of the adult population.
4. [Alarm??symptoms and??signs??](#) may indicate complicated ulceration or malignancy.
5. Perform targeted investigations, as clinical features are unreliable (see [diagnostic guidelines](#)).??
 - Perform endoscopy on patients??of any age with??'alarm' symptoms and signs
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 - Explain that test-and-treat may not relieve symptoms, and many patients require endoscopy eventually.
 - Arrange endoscopy for treatment failures and those with persistent symptoms.
 - Do not undertake a therapeutic trial without *H. pylori*?? testing and adequate follow up.
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 - Provide symptomatic treatment and investigate if symptoms continue.
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 - Further testing (eg, imaging) is usually unhelpful and should not be undertaken rou
cess (see [diagnostic guidelines](#))



Q1.胃カメラ等で診断するべきか？

6.下記の症状がでている場合は、胃カメラへ

2. Select diagnostic strategies based on patient's age, presentation, and preferences:

Diagnostic strategy	Patient characteristics
<ul style="list-style-type: none">• Observation, without investigation	<ul style="list-style-type: none">• Uncomplicated symptoms of brief duration (<4 weeks) may be observed, without investigation<ul style="list-style-type: none">▪ Provide symptomatic treatment and investigate if symptoms continue
<ul style="list-style-type: none">• Perform endoscopy	<ul style="list-style-type: none">• Age >45 years??with new-onset dyspepsia<ul style="list-style-type: none">▪ Age cut-off may vary according to local incidence of gastric cancer eg, may be lower in some Asia-Pacific countries• <u>Presence of 'alarm' symptoms and signs</u><ul style="list-style-type: none">▪ particularly those that perforate??▪ Risk is significantly increased by concomitant:<ul style="list-style-type: none">• corticosteroids• serious comorbidity• history of ulcer disease• increasing age
<ul style="list-style-type: none">• Test for <i>H.pylori</i> and treat (the 'test and treat approach')	<ul style="list-style-type: none">• All other patients<ul style="list-style-type: none">▪ The 'test- and-treat' approach is primarily intended to??manage some cases of peptic ulceration without an endoscopy• Give eradication therapy to those with positive tests• <i>H. pylori</i>-negative patients may respond to acid suppression??(see treatment guidelines)• Arrange endoscopy for treatment failures or those with continuing symptoms

すぐに胃カメラで症状をチェックする。

Q2. すぐに治療を始めるべきか？

7. Clin-eGuideから、Treatment Guidelines (治療ガイドライン) をクリック

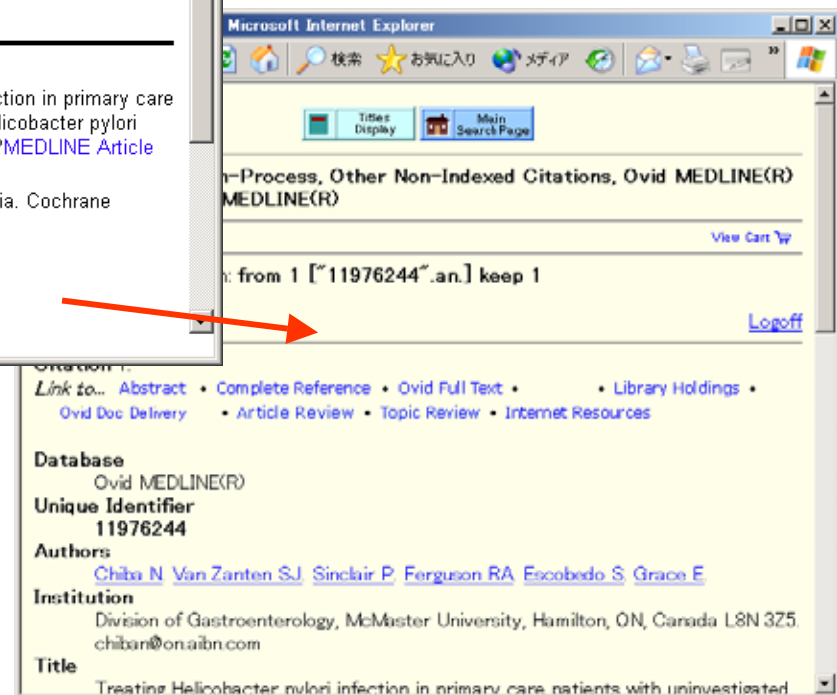
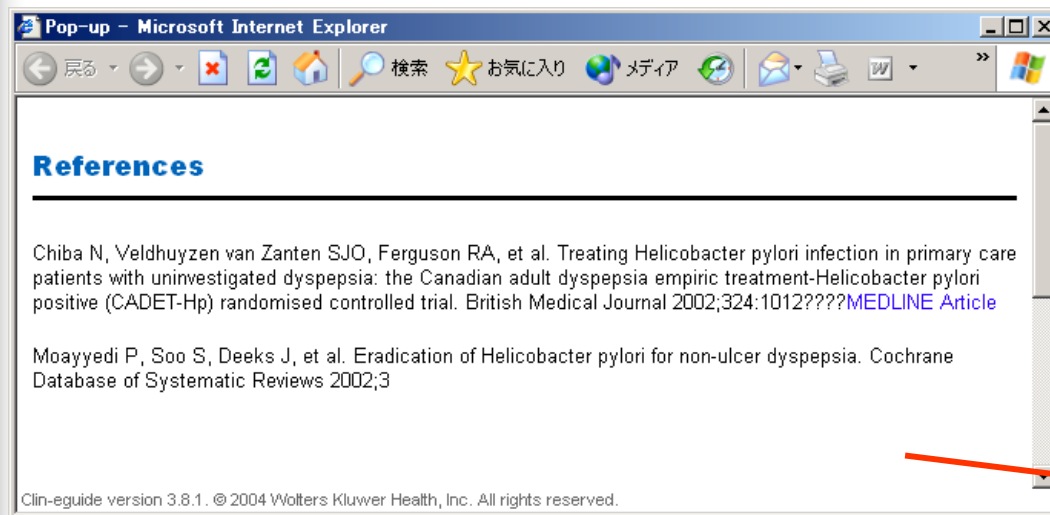
Treatment guidelines

1. Consider observation, reassurance, and symptomatic treatment, for uncomplicated symptoms of brief duration (<4 weeks). [E??REF](#)
2. Manage endoscoped patients as per findings.
 - Treat specific pathology where present (eg, [peptic ulcer](#), [GERD](#)).
 - Treat endoscopy-negative patients as [functional dyspepsia](#).
 - Consider alternative pathologies only after a negative endoscopy, where specifically indicated (see [diagnostic guidelines](#)).
3. Treat selected nonendoscoped patients based on *H. pylori* status (the 'test-and-treat' approach).
 - Give [eradication therapy](#) to *H. pylori* positive patients. [B2??REF](#)
 - Do not offer eradication therapy without a positive test of *H. pylori*.
 - Retesting for *H. pylori* infection following eradication therapy is controversial, given the high rate of efficacy of eradication regimens, and reinfection rates are low (around 0.5-1% per annum in developed world). [E??REF](#)

上記の赤線から、テストなくして、治療を始めてはいけないということから、答えは、NO

その他の機能 Reference

Ref をクリック References Medline等にリンク。
Medline Articleをクリックすると、Ovid Medlineへ



その他の機能 Reference

Evidenceのグレード表示(A1-Eまでの13カテゴリー)

Treatment guidelines

1. Consider observation, reassurance, and symptomatic treatment, for uncomplicated symptoms of brief duration (<4 weeks) **E??REF**
2. Manage endoscoped patients as per findings.

Evidence grades

Evidence grades	Best available evidence	Outcomes measured
A1	Meta-analysis or systematic reviews of RCTs with low heterogeneity ^a or single large RCT with low risk of bias	Clinically relevant - morbidity/mortality
A2	Meta-analysis or systematic reviews of RCTs with low heterogeneity ^a or single large RCT with low risk of bias	Intermediate endpoints strongly linked to morbidity/mortality
A3	Meta-analysis or systematic reviews of RCTs with low heterogeneity ^a or single large RCT with low risk of bias	Intermediate endpoints with no evidence to support a strong link to morbidity/mortality
B1	Meta-analysis or systematic reviews of RCTs with significant heterogeneity ^b or single RCT with a moderate to high risk of bias	Clinically relevant - morbidity/mortality
B2	Meta-analysis or systematic reviews of RCTs with significant heterogeneity ^b or single RCT with a	Intermediate endpoints strongly linked to morbidity/mortality



SkolarMD 検索シナリオ 2

Stroke (脳卒中)

シナリオ

状況:

救急患者

左半身不随

家族の人曰く、「1時間前から症状がでた。」

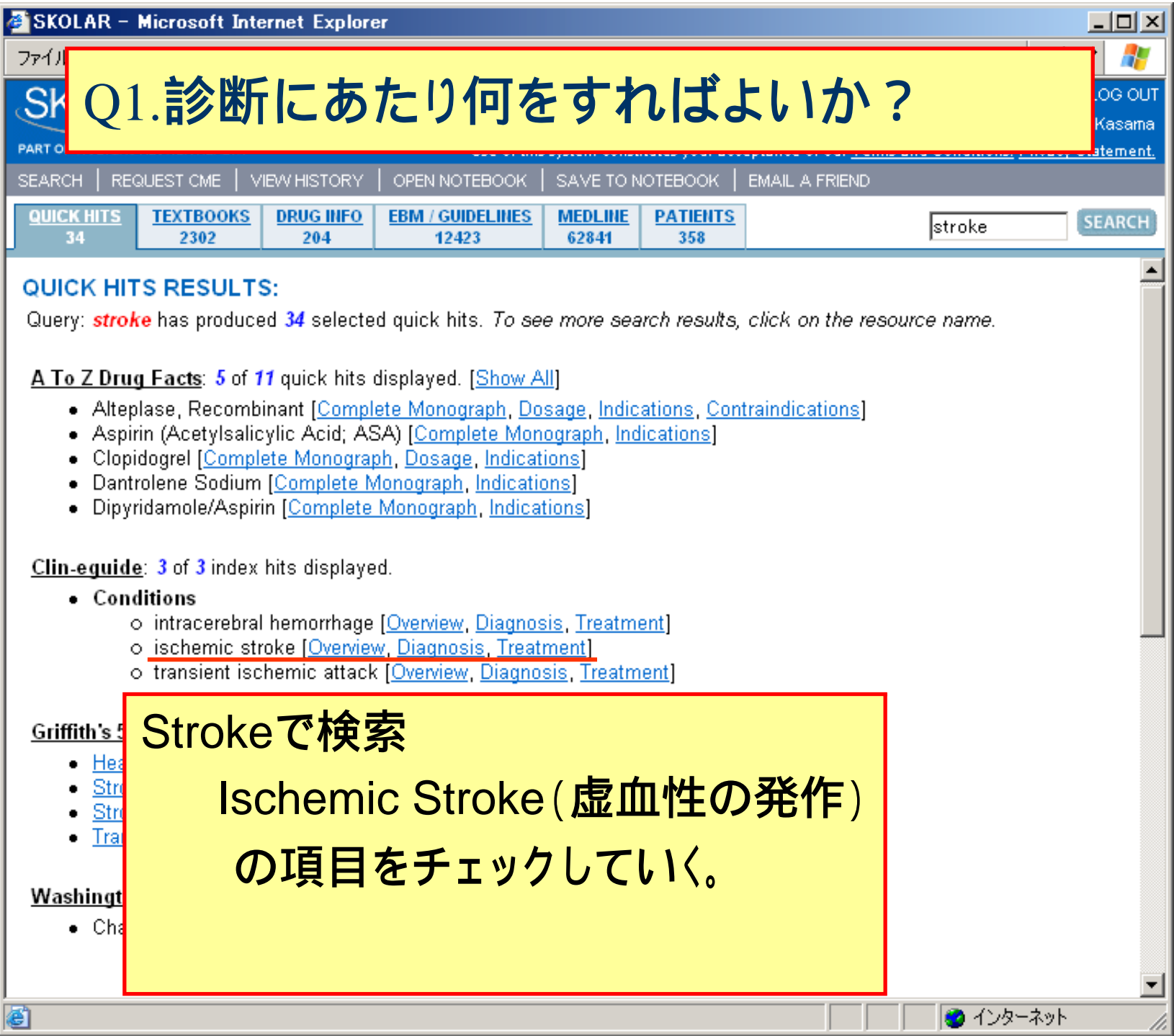
臨床医は.....

Q1 診断にあたり何をすればよいか？

Q2 他に注意すべき点は、何か？

Q2. 治療については、Alteplase (抗血栓薬) の投与を考えているが、
妥当な選択か？

Q3 どうすれば、一番患者にとって良い治療になるか？



Q1. 診断にあたり何をすればよいか？

SKOLAR - Microsoft Internet Explorer

LOG OUT Kasama Statement.

SEARCH | REQUEST CME | VIEW HISTORY | OPEN NOTEBOOK | SAVE TO NOTEBOOK | EMAIL A FRIEND

QUICK HITS 34	TEXTBOOKS 2302	DRUG INFO 204	EBM / GUIDELINES 12423	MEDLINE 62841	PATIENTS 358
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stroke

QUICK HITS RESULTS:
Query: **stroke** has produced **34** selected quick hits. *To see more search results, click on the resource name.*

A To Z Drug Facts: 5 of 11 quick hits displayed. [[Show All](#)]

- Alteplase, Recombinant [[Complete Monograph](#), [Dosage](#), [Indications](#), [Contraindications](#)]
- Aspirin (Acetylsalicylic Acid; ASA) [[Complete Monograph](#), [Indications](#)]
- Clopidogrel [[Complete Monograph](#), [Dosage](#), [Indications](#)]
- Dantrolene Sodium [[Complete Monograph](#), [Indications](#)]
- Dipyridamole/Aspirin [[Complete Monograph](#), [Indications](#)]

Clin-evidence: 3 of 3 index hits displayed.

- **Conditions**
 - intracerebral hemorrhage [[Overview](#), [Diagnosis](#), [Treatment](#)]
 - ischemic stroke [[Overview](#), [Diagnosis](#), [Treatment](#)]
 - transient ischemic attack [[Overview](#), [Diagnosis](#), [Treatment](#)]

Griffith's 5

- [Head](#)
- [Str](#)
- [Str](#)
- [Tra](#)

Washington

- [Cha](#)

インターネット

Strokeで検索
Ischemic Stroke (虚血性の発作)
の項目をチェックしていく。

Q1. 診断にあたり何をすればよいか？

Clin-eguideから、Diagnosisを選択。

Clin-eguide: 3 of 3 index hits displayed.

- **Conditions**

- intracerebral hemorrhage [[Overview](#), [Diagnosis](#), [Treatment](#)]
- ischemic stroke [[Overview](#), [Diagnosis](#), [Treatment](#)]
- transient ischemic attack [[Overview](#), [Diagnosis](#), [Treatment](#)]

Diagnostic guidelines

Perform urgent CT of the brain to differentiate hemorrhagic from ischemic stroke.

1. Obtain history from patient/eyewitness.
 - Establish time and mode of symptom onset.
 - critical for consideration of treatment with thrombolytic agents.
 - Identify **risk factors**
 - Determine current medications.
 - Obtain history of past and recent medical
2. Perform a physical examination.
 - Assess airway, ventilation and circulation.
 - Look for evidence of meningismus, fever, a
 - Undertake a **focused neurologic examination**
 - Stroke scales (eg, [National Institutes of Health Stroke Scale](#)) provide standardized information and help to identify patients at higher risk for intracranial hemorrhage with thrombolytic therapy
 - Pattern of neurologic abnormalities can provide clues to site of stroke (see [clinical presentation](#)).
 - Assess cardiovascular system with a view to detecting:
 - arrhythmias, murmurs indicative of valvular disease, carotid artery bruits, embolic or hemorrhagic phenomena.

脳内出血の有無を確認するため、
CTスキャンを行うことが重要!!

Q2.他に注意すべき点はなにか？

Risk Factor (危険要因)

Risk factors

Risk factor	Comments
Advanced age	<ul style="list-style-type: none">Incidence of stroke double with each decade between ages 45 and 85 years
Asymptomatic carotid stenosis or carotid bruits	<ul style="list-style-type: none">Associated with a 1.5- to 2-fold increase in risk of stroke compared with general populationCerebral infarction often occurs in a different vascular territory from the stenotic artery
Diabetes mellitus	<ul style="list-style-type: none">Associated with an approximately 3-fold increase in risk of stroke
Heart disease	<ul style="list-style-type: none">Valvular heart disease and prosthetic heart valve replacements predispose towards cerebral emboliChronic or paroxysmal AF without valvular lesions is associated with a 2-fold increase in risk of strokeUp to one-third of patients with MI involving the anterior wall or septum thrombus<ul style="list-style-type: none">Of these, approximately 15% will have a cerebral embolus within a 2-week period
Heavy alcohol use	<ul style="list-style-type: none">Data regarding effect of alcohol on the risk of ischemic stroke is conflicting<ul style="list-style-type: none">Results range from a definite effect in both men and women, an effect that is more pronounced in men, to no effect after controlling for confounding factors

Differential diagnosis

The most important alternative diagnosis of ischemic stroke is **intracerebral hemorrhage**.

Other major differential diagnoses that should be considered include the following:

- Space-occupying lesions:
 - tumor
 - epidural hematoma
 - subdural hematoma
 - abscess
- Migraine
- Metabolic abnormalities:
 - hypoglycemia
 - hyponatremia
 - hypernatremia
 - hypermagnesemia
 - hyperosmolality
- Unrecognized seizures
- Postictal (Todd's) paralysis
- Craniocerebral trauma
- Drug overdose
- CNS infections (meningitis/encephalitis)
- Subarachnoid hemorrhage
- TIA
- Labyrinthitis
- Confusional states/encephalopathy
- Syncope

Differential Diagnosis (異なる診断)

Q3.治療については、Alteplaseの投与を考えているが、妥当な選択か？

Treatment Guidelines参照。

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stroke SEARCH

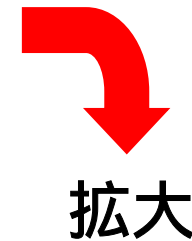
THIS PAGE LOCATION: ischemic stroke clin-eGuide

Management overview
Disease characteristics
Epidemiology
Etiology
Risk factors
Diagnosis
Diagnostic guidelines
Clinical presentation
Differential diagnosis
Diagnostic tests
Therapy
treatment guidelines
Supportive therapy
Secondary prevention
Rehabilitation therapy
Prognosis
Complications
Full References

Treatment guidelines

1. Commence [supportive therapy](#) in all patients with stroke regardless of the underlying pathology. Once diagnosis is confirmed commence specific treatment according to guidelines below (see [outcome study](#)).
2. Administer IV [alteplase](#) (recombinant tissue-plasminogen activator) to patients who meet strict [eligibility criteria for thrombolysis](#), notably **symptom onset <3 hours before treatment** (see [economic and outcome study](#)).
 - When given **within 3 hours of stroke onset**, alteplase significantly improved clinical outcome for patients with acute ischemic stroke at 3 months compared with placebo (see [evidence for alteplase in ischemic stroke](#)).
 - This benefit was shown to be sustained at 12 months based on the follow-up study of these patients.
 - Ensure supervision by physicians with expertise in stroke management and CT interpretation, and thrombolysis only in a skilled-care facility (ICU or acute stroke unit).
 - Perform frequent neurologic assessments to detect [complications](#), particularly intracranial hemorrhage.
 - Closely monitor BP and aim for <180/105mm Hg (see [management of BP in patients receiving alteplase](#)).
3. Consider [intra-arterial thrombolysis](#) in carefully selected patients who:
 - present <6 hours after symptom onset
 - have angiographically demonstrated occlusion of the middle cerebral artery
 - have no signs of major early infarction on baseline CT.
4. Administer [aspirin](#) early in patients who are not receiving thrombolysis or anticoagulation.
 - Use within 48 hours of stroke onset was associated with reduced mortality and stroke recurrence risk (see [evidence for aspirin in ischemic stroke](#)).
 - For alternative antiplatelet agents, see [drug class features: antiplatelets in ischemic stroke](#).
5. Routine use of urgent anticoagulation (IV [heparin](#), danaparoid, LMWH) is **NOT recommended**.

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拡大

Q3.治療については、Alteplaseの投与を考えているが、妥当な選択か？

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Dosage: Alteplase in ischemic stroke

Patient-specific characteristics, route of drug administration, and clinical consideration.

For further drug information (eg, contraindications, precautions, drug interactions) see [A to Z Drug Facts](#).

Adult

Route	Dosage	Comment
Intravenous	<ul style="list-style-type: none">• 0.9 mg/kg up to 90mg	<ul style="list-style-type: none">• Administer:<ul style="list-style-type: none">▪ 10% of the total dose as an initial IV bolus over 1 min▪ remaining dose as infusion over 60 min• Monitor BP closely (see management of BP in patients receiving alteplase)• Avoid antithrombotic or antiplatelet aggregating drugs within 24h of starting alteplase• Alteplase therapy requires:

抗血栓薬の処方
(Ischemic Stroke・
虚血性の発作)の場合

次へ
図1



Q4. どうすれば、一番患者にとって良い治療になるか？ (1例)



経済的な結果研究

Economics & outcomes

Ischemic stroke: Use of tissue plasminogen activator therapy improves outcomes and lowers costs

Clinical results from the National Institute of Neurological Disorders and Stroke trial were combined with published US medical system costs inflated to 1996 dollars (Fagan 1998).

- Early tPA administration in eligible patients:
 - improves 3-month functional outcome
 - reduces the average length of stay by 1.53 days
 - reduced nursing home/rehabilitation costs by an average of \$6196 per patient.

References



1

Q3.治療については、Alteplaseの投与を考えているが、妥当な選択か？

Treatment guidelines

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3. Consider [intra-arterial thrombolysis](#) in carefully selected patients who:
 - present <6 hours after symptom onset

図2

アルテプラゼの投与の根拠

Q3.治療については、Alteplaseの投与を考えているが、妥当な選択か？

アルテプラーゼの投与の根拠

Evidence for alteplase in ischemic stroke

Alteplase improves neurologic deficit and reduces the incidence of death and disability when given within 3 hours of stroke onset to selected patients with acute ischemic stroke. [A1??REF](#)

- The rate of death or dependency at the end of trial follow-up (3 to 6 months) was reduced to 50% in the alteplase group compared with 60% of controls. [A1??REF](#)
 - Treating 10 patients (95% CI, 6-25) within 3 hours of stroke onset prevents one additional death or dependency after 3 to 6 months.
 - Treating 14 patients (95% CI, 11-19) causes 1 additional symptomatic intracranial hemorrhage within 7 to 10 days of therapy.
 - Death or dependency rates and symptomatic intracranial hemorrhage rates were similar for patients treated between 3 and 6 hours compared with patients treated within 3 hours of onset.
- The percentage of patients with minimal or no disability (modified Rankin scale 0 or 1) after 12 months was 41% in the alteplase treated group compared 28% of controls. [B1??REF](#)
 - No mortality benefit was seen after 12 months.

References

CTスキャンの間にテキストから情報を入手!!

Primary Care Medicine (Goroll): 5 of 8 quick hits displayed. [Show All]

テキスト

- ADVISORIES
 - CLINICIAN ADVISORIES
 - [DOES LOWERING HOMOCYSTEINE REDUCE STROKE RISK? \(POSTED 2/15/2004\)](#)
 - [NEW GUIDELINES FOR PREVENTING HEART DISEASE AND STROKE IN WOMEN \(POSTED 2/5/2004\)](#)
 - [WARFARIN IS NO BETTER THAN ASPIRIN AT REDUCING THE RISK OF SECOND STROKE](#)
 - [SECONDARY PREVENTION OF STROKE RISK WITH ACE INHIBITOR/DIURETIC THERAPY](#)
 - PATIENT ADVISORIES
 - [WEIGHING SURGICAL OPTIONS FOR PREVENTING STROKE \(POSTED 10/23/2004\)](#)

QUICK HITS	TEXTBOOKS	DRUG INFO	EBM / GUIDELINES	MEDLINE	PATIENTS	SEARCH
34	202	204	12423	62841	358	stroke

Warfarin Is No Better Than Aspirin at Reducing the Risk of Second **Stroke**

Reference

1. Mohr JP, Thompson JLP, Lazar RM, et al. [A comparison of warfarin and aspirin for the prevention of recurrent ischemic stroke.](#) *N Engl J Med* 2001;345:1444.

IMPLICATIONS FOR CARE:

The Clinical Question

- Aspirin is the mainstay of therapy for secondary prevention in patients with a history of **stroke** or transient ischemic attack (TIA).
- In patients with a history of **stroke** and atrial fibrillation (AF), warfarin reduces the risk of second **stroke** by more than 70%. Warfarin has been shown to be more effective than aspirin for **stroke** prevention in patients with AF.
- However, it is not clear if warfarin is superior to aspirin in **stroke** prevention after a noncardioembolic **stroke**. The WARSS trial was a randomized trial of warfarin and aspirin for secondary **stroke** prevention.

Key Findings

2度目の発作の危険度を下げる意味では、Warfarin よりも Aspirin の使用が良い。



SKOLAR MD

1. 臨床現場で医師をサポートする knowledge system
2. 臨床研修医のための学習ツール

Clin-eguide, EBM / 診療ガイドライン, 医薬品情報,
電子ブック(テキスト), ジャーナルウェブサイト,
アラート

**総合的な医療情報ポータルとして活用！
臨床・教育の両方の効率と精度を向上！**

END